

Flamenco Flyer



Volume 3 Issue 12

September 2012

**Flamenco Towers
Condominium Association**
3701 N. Country Club Drive
Aventura, Florida 33180

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IMPORTANT NUMBERS

- Main**305-931-1225
- Fax**305-936-8865
- Security**.....305-937-0311

OFFICE HOURS

- Monday-Friday**....8:30am-5:00pm
- Closed for Lunch**... 12:00-1:00pm

NEWSLETTER EDITOR

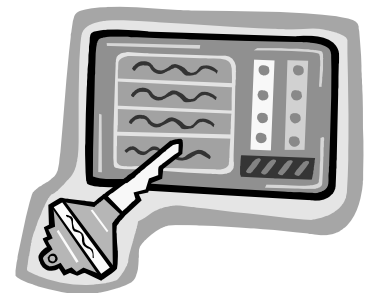
Sylvia Simha

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Message from the Board President:

Our building is very safe, and we want to continue enhancing its security. Each and every resident, including minors, must have and always use their own FOBs to access the building at all times. We have also made it easy for visitors to have access to FOBs while visiting overnight. This is not only a privilege, but also a requirement.



Allen Roffman, Board President

Message from the Editor:

My friend and neighbor, Sid Sherman sent this lovely e-mail to me and I want to share the thoughts. I have taken some liberty with it, but the message is beautiful.

We could learn a lot from crayons. Some are sharp, some are pretty, some are bold, some have unusual names, and all are different colors and they all exist very nicely in the same box. That kind of reminds me of our condominium. We are all different, we are all sharing the same box, and we can take a lesson from the crayons. Diversity and friendship creates a very interesting "crayon box", FLAMENCO TOWERS.

Sylvia Simha, Editor

Message from the Social Club President:

Our rap session was very successful. We had a very good response and everyone truly enjoyed it. Coffee and cake were served afterward.

We have been fortunate with "Isaac" and hopefully we will continue to do so. Ronelle Delmont, by popular request, will return on September 10 to review "The Hare With The Amber Eyes". It is a true story and very interesting and informative. Bingo is still being enjoyed by many residents and a good time is being had by all.

To all our Jewish Friends and Neighbors A Very Happy and Healthy New Year! See you all soon.

Erika Leib, Social Club President

Bug-Off Schedule at Flamenco:

TOWER - 1

Floors 12-PH 1ST Wednesday Morning

Floors 1-11 2nd Wednesday Morning

TOWER - 2

Floors 12 -PH
3RD Wednesday Morning

Floors 1-11,
4TH Wednesday Morning



Medical Terms:

- ARTERY- study of paintings
- BACTERIA- back door to the cafeteria
- BENIGN- what you be after you be eight
- CAT SCAN-searching for Kitty
- CAESAREAN SECTION-a neighborhood in Rome
- COMA- a punctuation mark
- ENEMA-NOT A FRIEND
- IMPOTENT-distinguished, well known
- LABOR PAIN-getting hurt at work
- POST OPERATIVE-a letter carrier
- RECTUM- nearly killed him
- TERMINAL ILLNESS-getting sick at the airport
- URINE- opposite of you're out.

Submitted by: Vera Ericson

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SEPTEMBER/OCTOBER 2012

Birthstone: Sapphire
Flower: Aster

	M	T	W	T	F	S
SEPTEMBER 16	17	18	19	20	21	22
Rosh Hashana <i>begins at sundown</i>			Board Meeting Rec Room 7:30 PM			Fall Begins
23	24	25	26	27	28	29
	BINGO 7:30 Rec Room	Yom Kippur <i>begins at sundown</i>				
30	OCTOBER 1	2	3	4	5	6
Sukkot <i>begins at sundown</i>						
7	8	9	10	11	12	13
	Columbus Day					
14	15	16	17	18	19	20
			Board Meeting Rec Room 7:30 PM			

1 Parking Space = 10 Free Laundry Tokens

Thanks to all those who are participating in the GOOD NEIGHBOR program, detailed in the bulletin boards by each mail box area. Just a reminder for those snowbirds who will only be with us a short time this season: SHARE YOUR PARKING SPOT with year-round Flamencoites when you are not here. You are not giving up your spot. Your spot will always be free and available to you when you are here and need it.

But while you are away, and not using the spot, there are many people who live here year-round that either need a second spot or need to park closer to the building due to health issues.

By seeing Gisela or Nikki in the front office and telling us when you will not be here, we can allow others to use your parking spot instead of a guest spot, which are otherwise usually filled up and unavailable for guests.

We have many new unit owners with 2 cars, so the GOOD NEIGHBOR program helps alleviate this problem while causing nobody to lose out... it's a win-win for everybody.

Please review the flyer by each mail box or stop in the front office so Gisela can explain it to you. Your cooperation is appreciated by all.

Andrew Solomon,
Parking Committee Chairman

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Safety and Security Message:

(1) In the aftermath of Tropical Storm/Hurricane Isaac I want to share some serious concerns. Most residents did not take this seriously. Storms can be unpredictable. Most residents left chairs and tables on their balconies. Some of our part time residents left their sliding glass doors to the balconies open. This creates a vacuum and overpressure as the wind gets funneled through the doors to the hallway creating potentially catastrophic damage.

(2) EMERGENCY KEY SETS: All residents are required to have an emergency key set in the Security Office which is locked at all times. Only the Manager and the Board of Directors have keys to access this locker. Water leaks and other emergencies are almost a daily occurrence. Please update your key set with the Office immediately!

This is for YOUR safety and to prevent damage to your property or person.

(3) Good Neighbor Policy: We usually think about offering our parking lot space to our neighbors if not in use for extended periods of time. Giving your Unit keys to a trusted neighbor is recommended should you get locked out. I have been called 24 hours a day to open a unit in an emergency. Recently I opened a unit and found the unit was occupied; only the person inside was too lazy to answer the door and just ignored it. Really?

(4) Parking Lot Safety: Many residents are still flying around the parking lot. Don't even think about it. It's my pet peeve. Most offenders are young parents. The speed limit is 5 MPH. Drive safely and remember the child or el-

derly person walking is your neighbor.

(5) FOB's: Use them. Security has been instructed not to open doors. Use YOUR FOB only! Do not give your FOB's to other family members. PARENTS! Do NOT give your FOB so your kids can go out or to the pool. This is a fineable offense. Remember the pool age for children unattended is 14 and swimming in the pool is at your OWN RISK.



Remember, safety is everyone's responsibility!!!

**David Bowen,
Director of Safety and Security**

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Did you hear this one?

A guy is sitting at a bar and a farmer sitting next to him says, "I've got a talking horse and I want to sell him for a thousand dollars. "Yeah, sure," the guy says. You have a talking horse. "You don't believe me? the farmer says. "Come around to my barn and I will show you." So the two men got to the barn and the farmer says to the horse. "Go on tell him." The horse says, I won the Preakness, and I won the Derby." That's amazing," the guy says. That horse can really talk. Why would you want to sell him? "Because<" the farmer says, "he is a bloody liar."

Submitted by: Millicent Broadwin

Simple Truths:

A professor of Philosophy placed an empty pickle jar on his desk and filled it with golf balls. He then asked the class is it full? The class agreed that it was full. Next he poured pebbles into the jar and they rolled down between the golf balls. Again the class said it was full. The professor then poured sand into the jar and the sand filtered down between the pebbles and again the class again agreed that now it was truly full. From under his desk the professor drew forth a bottle of chocolate milk and proceeded to pour it into the bottle and the students laughed.

The Lesson for That Day:

The golf balls represent the important things such as family and health

The pebbles represent other things that matter such as job, home and car

The sand was for the small stuff and...

The chocolate milk? There is always room for chocolate!

The lesson for the day was: Take care of the golf balls first, everything else is sand. The quality of Life is a gift for yourself!

Submitted by: Sylvia Simha

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Being Green:

Checking out at the store, the young cashier suggested to the older woman, that she should bring her own grocery bags because plastic bags weren't good for the environment. The woman apologized and explained, "We didn't have this green thing back in my earlier days." The young clerk responded, "That's our problem today. Your generation did not care enough to save our environment for future generations."

She was right -- our generation didn't have the green thing in its day. Back then, we returned milk bottles, soda bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So they really were recycled.

But we didn't have the green thing back in our day.

Grocery stores bagged our groceries in brown paper bags that we reused for numerous things, most memorable besides household garbage bags, was the use of brown paper bags as book covers for our schoolbooks. This was to ensure that public property, (the books provided for our use by the school) was not defaced by our scribbles. Then we were able to personalize our books on the brown paper bags.

But too bad we didn't do the green thing back then. We walked up stairs, because we didn't have an escalator in every store and office building. We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks. But she was right. We didn't have the green thing in our day.

Back then, we washed the baby's dia-

pers because we didn't have the throw-away kind. We dried clothes on a line, not in an energy-gobbling machine burning up 220 volts -- wind and solar power really did dry our clothes back in our early days. Kids got hand-me-down clothes from their brothers or sisters, not always brand-new clothing.

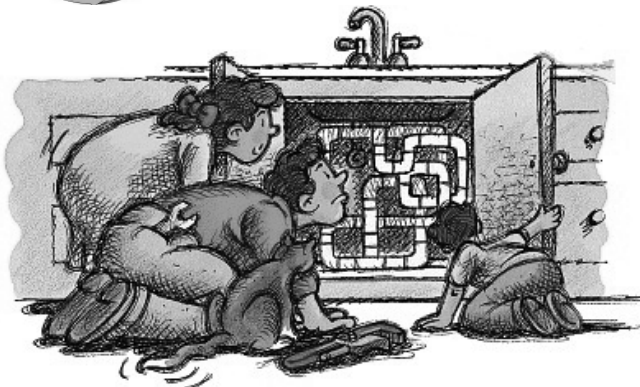
But that young lady is right; we didn't have the green thing back in our day. Back then, we had one TV, or radio, in the house -- not a TV in every room. And the TV had a small screen the size of a handkerchief (remember them?), not a screen the size of the state of Montana. In the kitchen, we blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the mail, we used wadded up old newspapers to

Continued on page 7



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Being Green (cont. from page 6)

cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn gasoline just to cut the lawn. We used a push mower that ran on human power. We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity.

But she's right; we didn't have the green thing back then. We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull.

But we didn't have the green thing back then. Back then, people took the streetcar or a bus and kids rode their bikes to school or walked instead of turning their moms into a 24-hour taxi service. We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerized gadget to receive a signal beamed from satellites 23,000 miles out in space in order to find the nearest burger joint.

But isn't it sad that the current generation laments how wasteful we old folks were just because we didn't have the green thing back then?

Please forward this on to another selfish old person who needs a lesson in conservation from a smartass young person...

We don't like being old in the first place, so it doesn't take much to piss us off.

Submitted by: Erika Leib

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They Teach It At Stanford

The lecture was about the mind-body connection- the relation between stress and disease. The speaker, a professor of psychiatry, said that among the best things a man could do for his health is to be married to a woman, whereas for a woman, one of the best things she could do for her health was to nurture her relationships with her girlfriends.

At first everyone laughed, but he was serious. Women connect with each other differently and provide support systems that help each other to deal with stress and difficult life experiences. Physically, this quality “girlfriend time” helps us to create more serotonin- a neurotransmitter that helps combat depression and can create a general feeling of well-being. Women share feelings whereas men often form relationships around activities. Cars, fishing, golf, yes, but rarely about feelings.

Women do it all the time. We share from our souls with our sisters, mothers and girlfriends, and evidently that is very good for our health. The professor said that is evidently very good for our health. He said that spending time with a friend is as important to our general health as jogging or working out at a gym. So every time you schmooze with a gal pal, just pat yourself on the back.

Submitted by: Helene Bonas



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